## Wild Words

Supported by the Thriving Communities Fund, which aims to improve and increase social prescribing community activities by bringing together place-based partnerships of local voluntary, community, faith and social enterprise projects.



www.bravebolddrama.co.uk

award-winning theatre and community arts



www.mud-pies.co.uk forest school



www.southmead.org

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## Wild Words AN AUDIO TRAIL

Ten sound-filled spots in Badock's Wood, Southmead, Bristol.

All the sounds you hear were captured during a 12 week forest school project for young people held in Badock's Wood during the winter of 2021.

Wild Words was a partnership project made by Brave Bold Drama, Mud Pie Explorers and Southmead Development Trust.



To listen, first install the free Echoes app onto your phone.

The app is available for both iPhone & android, and does not need to use roaming data.

Once you have installed the Echoes app, scan this QR code to find the Wild Words Walk.



Or find the walk at bit.ly/wildwordswalk

You can download the walk to your phone using WiFi before heading into the woods. Once the walk is downloaded the Echoes app will work without mobile data or the internet.

Take some headphones & your phone to Badock's Wood.

When you walk into the sound zones marked on the map in the middle of this booklet (which also show up in blue in the Echoes App) you will hear sound automatically play.

## Wild Words

THE SOUNDSPOTS



Enter the wood from the stile near the Greenway Centre to hear a game of hide and seek.

Children hide and seek in groups. Seekers shout "1-2-3 Where are you?" and hiders reply "1-2-3 We're over here". Seekers follow the sound.

This version of hide and seek is very active. The hiders can move location during the game. Hiding in groups can mean children are braver about where they hide.

Maybe you could try playing this version of the game?



This was basecamp for most of the project. The fire was always lit here. It was often very muddy.

There was a rope swing here.

Children sat on the logs to eat food cooked on the fire.

At the end of the audio a child reads a poem they wrote about their experiences here.

If you were setting up camp here, what might your camp look like? Could you set up a basecamp somewhere near your home?

This area was the creative, crafting place. One week we shared the witches' spell from Macbeth. This inspired the children to create their own potion from weird and wild imaginative ingredients.



Gill from Brave Bold Drama recites the whole spell created collaboratively by the children. The children asked her to.

Could you find things in the woods and re-imagine them as potion ingredients?

What might your spell do? Is it is flying spell?
A spell so you can talk to woodland animals?
Or something else entirely!

Take care handling things like fungi or berries. Wash your hands afterwards and don't eat anything you find!





For the first few weeks we spent time here. The children learned how to use tools. They dug, sawed, lit fires and made music.

When it rained we strung a tarpaulin over the area. You will hear the children enjoying shaking the rainy tarpaulin & seeing the raindrops bounce.

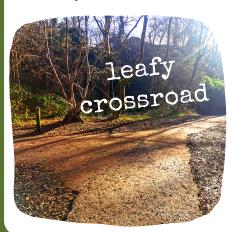
Could you create rhythms using things in the wood?

The children made paper boats, wrote a word that described the river and set these sail too. The River Trym jumbled the words into a poem.

Hear a child singing a song about continents. Seeing the boats prompted a discussion about where we had travelled.



Could you make a boat from leaves? Wood? Something else?



The children were in the woods in late autumn and winter 2021. The woods were always full of fallen leaves.

What if you were to give each path on the crossroads a name. What might the paths be called?



At the ancient burial mound, hear children read about the ancient history from the information boards, and share their knowledge of Ancient Celts & Romans.

Imagining who walked on ground before us helps children see a familiar space in a new way.

Don't worry if you don't know historic facts. Just imagine what might have happened here years ago!

Hear a child reading from the information board about the history of Bowness Pond, and making an exciting discovery!

Looking into water to see who lives there can be fascinating! it doesn't matter if you don't know what creatures are, snap a photo and look it up later!





One dark night we explored this path armed only with head torches. It's not that scary, honest. Go on, take a step...

Being a bit scared by a spooky or startling story is good for our immune systems! How could you make someone jump just a bit?